

# PRAYER CHECK

A quick guide to clear away common prayer blockers. Pray the short prayer at the bottom, then work through each point: read the verse, pray the prayer, and notice if God brings anything to mind. After that, bring your requests before Him.

## † Unconfessed Sin

Psalm 66:18

*"If I had cherished sin in my heart, the Lord would not have listened."*

✓ **Prayer:** Lord, search my heart and reveal anything I need to confess.

## † Wrong Motives

James 4:3

*"When you ask, you do not receive, because you ask with wrong motives..."*

✓ **Prayer:** God, align my desires with Your will.

## † Disobedience

John 9:31

*"We know that God does not listen to sinners. He listens to the godly person who does his will."*

✓ **Prayer:** Father, help me walk in obedience to You today.

## † Ignoring the Needy

Proverbs 21:13

*"Whoever shuts their ears to the cry of the poor will also cry out and not be answered."*

✓ **Prayer:** Give me a heart that responds to needs around me.

## † Doubt or Unbelief

James 1:6–7

*"But when you ask, you must believe and not doubt..."*

✓ **Prayer:** Strengthen my faith and help me trust Your answer.

## † Unforgiveness

Mark 11:25

*"And when you stand praying, if you hold anything against anyone, forgive them..."*

✓ **Prayer:** I choose to forgive as You have forgiven me.

## † Dishonoring Relationships

1 Peter 3:7

*"Husbands... be considerate... so that nothing will hinder your prayers."*

✓ **Prayer:** Show me where I need to honor or reconcile with others.

## † Quick Heart-Check Prayer

Lord, I lay aside anything between us. Cleanse my heart, align my will to Yours, and fill me with faith, love, and humility. Speak, Lord — I am listening.